

**NOVEMBER WORLD DIABETES MONTH**  
**WORLD DIABETES DAY NOVEMBER 14<sup>TH</sup>**

**Lions Worldwide Week of Service for Diabetes 11/13-19-2017**

November 14<sup>th</sup> marks the birthday of Frederick Banting who, along with Charles Best, first conceived the idea which led to the discovery of insulin in 1922. **Women and Diabetes - Our Right to a Healthy Future** is the theme this year of the International Diabetes Federation and the World Health Organization. The purpose is to unify the global diabetes community in response to the diabetes pandemic.

Lions Clubs International (LCI) is asking all clubs worldwide to JOIN THE FIGHT AGAINST DIABETES! It is one of the 5 areas of focus of LCI's Global Service Framework with the goal to change over 200 million lives per year by 2021. We can help in our communities to "Prevent diabetes and improve the quality of life for those diagnosed with diabetes"

We will do this by:

- educating ourselves and our communities about diabetes
- support healthy lifestyles
- increase access to diabetes screenings and diabetes care, especially those women who had diabetes during pregnancy and are at increased risk of Type 2 Diabetes.
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Lions of our District 4C-6 are involved each time a Lions Club uses the **Lions A.J. Robinson Mobile Screening Unit**. It is our way of reaching out into our communities to offer free diabetes and other screenings to those who may not have or make the time or have insurance coverage to be screened for diabetes and have access to information about diabetes.

This week and the month of November think of how your Lions club can fight diabetes in your community.

For more information: [fightdiabetes.lionsclubs.org](http://fightdiabetes.lionsclubs.org)

Contact Val Isaacson, RN, Lions Diabetes Awareness Chairperson, for a diabetes program for your Lions club any time.

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